

# RACING EXCELLENCE 'HANDS AND HEELS' JUMPS SERIES 2023/24

---

The Racing Excellence Hands and Heels Jumps Series is designed to assist in the education and training of young jockeys.

The special conditions set out below apply to all races in the 2023-2024 Hands and Heels Jumps Series, which will be held at the following meetings:

06/11/23	Hereford
23/11/23	Wincanton
01/12/23	Doncaster
15/12/23	Bangor
10/01/24	Doncaster
23/01/24	Leicester
23/02/24	Warwick
07/03/24	Carlisle

Further dates to follow.

1. All races will be for Conditional Jockeys and Amateur Jockeys who have not ridden more than 10 winners under the Rules of Racing or the rules of any Recognised Racing Authority prior to 3<sup>rd</sup> November 2023. In addition, Amateur Jockeys must not have reached their 26<sup>th</sup> birthday prior to the first race in the Series.
2. Horses should be suitable for very inexperienced riders, and therefore privileges will not be allowed. Stewards will NOT grant permission to any trainer for their horse to proceed to the start either before the signal to mount is given or purposely last. Horses must therefore not proceed to the start at a walk or trot.
3. Every rider must carry a whip. Whips can be pulled through from one hand to the other as often as necessary. A rider must not wave their whip or hit their horse with the whip, except that the whip may be used down the shoulder in the backhand position, with both hands on the reins, when approaching an obstacle. In exceptional circumstances the rider may use the whip for safety reasons and encouragement in the early stages of the race.
4. If a rider uses their whip as prohibited in paragraph 3, it will be regarded as failing to comply with a requirement imposed on them by the BHA (see Rule (J)24.4) and the entry point penalty is a suspension of 7 days: i) In the case of Conditional Jockeys, on days when a Conditional Jockeys' race is programmed to take place in Great Britain, or ii) In the case of Amateur Jockeys, on days when a race open to Amateur Jockeys (for which the rider is eligible by gender) is programmed to take place in Great Britain. This suspension will not count towards the total number of days suspended during the rolling six-month period.
5. If a rider is suspended for using their whip in one of these races they will be stripped of existing points, but will be able to continue riding in the series. In the case of a second offence the entry point penalty is a suspension of 14 days, on the days stated in paragraph 4, and the rider will be prevented from riding in the remainder of the series.

6. Prior to the race the Jockey Coach will brief riders on the conditions of the race.
7. All riders must attend a mandatory course walk with the Jockey Coach and/ or a senior jockey 90 minutes before the race. If a rider is unable to attend this course walk they must obtain prior dispensation (see below). If a rider is unable to attend the course walk because they are riding or leading up in an earlier race they will be expected to walk the course prior to this, but must inform Antonia Lawrence in advance. Failure to attend the course walk without contacting Antonia Lawrence in advance may result in the rider losing all riding skills and professionalism points for the race in question. Repeat offences may result in the rider being prevented from riding in the remainder of the series. For prior dispensation from the mandatory course walk riders should contact Antonia Lawrence 01638 665103.
8. After the race, the Rider of every horse must report to the Stewards' room where they will be talked through the race by the Jockey Coach. This is a mandatory requirement and failure to attend this debrief may result in the British Horseracing Authority preventing the rider from taking part in the remaining races in the series. Special permission to miss the debrief may be granted by the Stewards on the day for any rider who has to leave straight after the race to travel to another meeting. This must be requested before the race. The Jockey Coach may also contact riders after the race meeting to further advise them on their riding.
9. The British Horseracing Authority are generously providing a prize to the winner of the series; the winner will be the rider who accumulates the most points in the series.
10. The points table for the series can be viewed on the Jockey Training and Development website: <https://jockeytraining.co.uk/racing-excellence/> .